

P1 COURSE STUDY TIPS

FALL SEMESTER

SCORE 90%



SCORE 60%



PHARMACEUTICAL CHEMISTRY (PHC 501)

- Pay attention in class
- Take notes on examples in the lecture
- Redo practice questions and review the lectures
- Read exam questions carefully

PHARMACEUTICAL CALCULATIONS (PHC 529)

- Use the workbook to your advantage
- Redo practice calculations done in class
- Remember significant figures
- Always double check your calculations

PATIENT ASSESSMENT (PHM 505/506)

- Watch pre-class videos
 - Take notes!
- Learn to utilize the lab value sheet
- Master the vital-signs assessments
 - Form groups! Practice on each other.

PHARMACEUTICAL CARE 1 (PHM 515)

■ Follow the rubric

- Even if you don't think you need to address an item on the rubric because it seems irrelevant - say EVERY single thing listed in the rubric

■ Be professional

- Arrive BEFORE your scheduled time, dressed appropriately
 - These are easy points you don't want to miss

■ Practice, practice, practice

- Counseling is a breeze if you practice!

PATHOPHYSIOLOGY (PHM 503/504)

- Memorize, memorize, memorize.
- Don't study last minute, too much information.
- Focus on objective points.

PHARMACOLOGY (PMY 511/512)

- Keep up with the material, do not wait until the night before the exam
- Try to understand the mechanism of drugs rather than memorizing it.
- Group drugs with same mechanism together and their adverse events.
- Learn it well because it is the foundation for all therapeutics class later.

GENERAL TIPS



STAY ORGANIZED !

Calendar

September 2018

S M T W T F S

26 27 28 29 30 31 1

2 3 4 5 6 7 8

9 10 11 12 13 14 15

16 17 18 19 20 21 22

23 24 25 26 27 28 29

30 1 2 3 4 5 6

Add a coworker's calendar

My calendars

Anna Mak

Birthdays

Reminders

Tasks

Other calendars

Holidays in United States

TODAY

< > September 2018

Week

Settings

Grid

Notifications

	Sun 9	Mon 10	Tue 11	Wed 12	Thu 13	Fri 14	Sat 15
		informatics				PHM598W: (
GMT-04		PHM 598 Me 7:30am, SPP		PHM715: Drug Admin - 8 - 9:50am k125			
9am	buff gen data collection 9am - 2pm	PHM701: 8:30 - 9:50am k125			PHM536: Topic 4 9 - 11am	Buff gen research 8:30 - 10:30a	
10am				Care Online Quiz d 10am			
11am		PI, 10:30am		NCPA POLO SALE 10am			
12pm		NCPA POLO 11:30a					
1pm		ASTH PHM702: 12:30 - 1:50p k125	PHM598W: Resident 12 - 2pm Cummings Conference	PHM702: 12:30 - 1:50p k125			
2pm			PHM701: 2 - 3:20pm k190				
3pm		michael hall - 2:30 - 3:30pr					
4pm		meeting with 3:30 - 4:30pr	PHM729: Ethics vs 3:30 - 5:20pr k190				
5pm		ASC: "The 4:30 - 6pm k190	Rho Chi P1 A 5:30pm, k125	PHC517: principles of 4:30 - 6:20pr K190			
6pm							

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TASKS

My Tasks

+ Add a task

☐ APhA MTM Training docs

☐ IRB Citi Training

☐ update phm598dal file

☐ rev man review

☐ work on pbl

☐ input adv comm topics into
google calendar

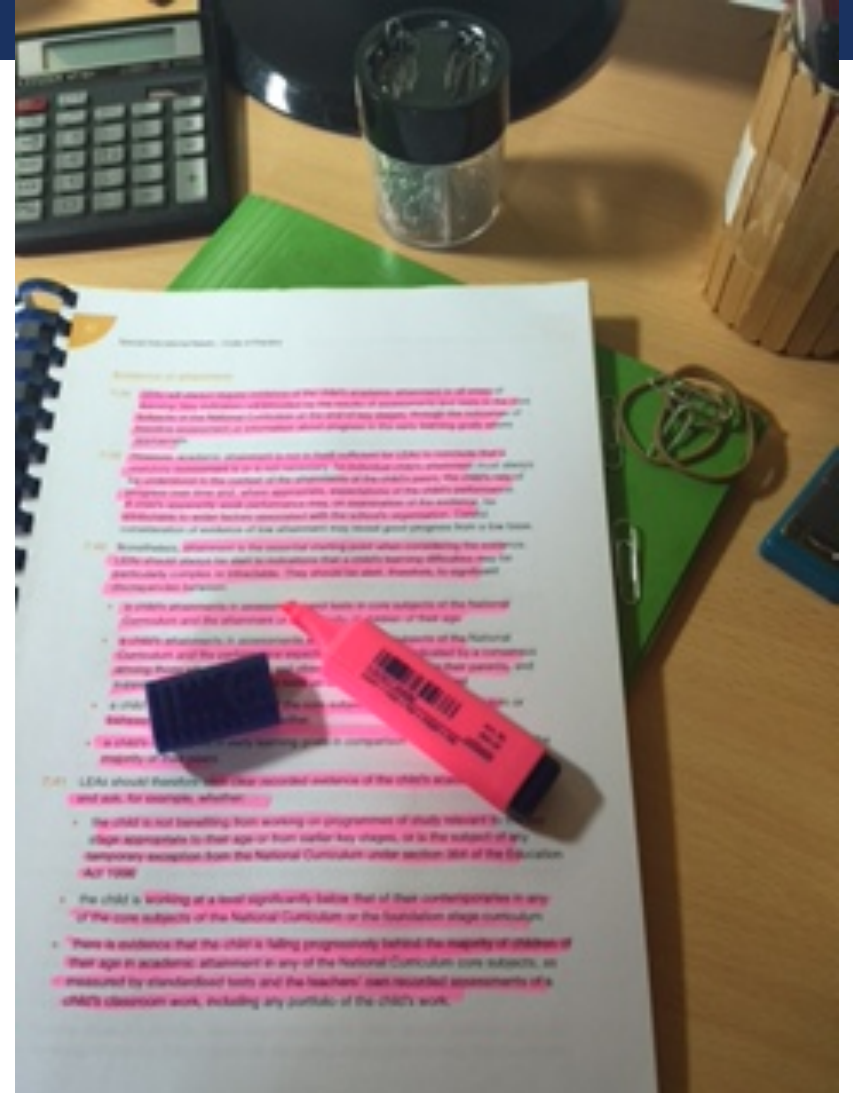
☐ DI paper and med error summ

☐ PHM536: Topic 4
Treatment of Diabetes:
Pharmacotherapy: Insulin Therapy

☐ PHM536: Topic 3

NOTE TAKING TIPS

- Re-listen to lecture
- Color code your notes
- Don't be a scribe!
 - Take enough notes to understand the concepts
- Aim to start studying at least 1 week prior to exam date



RHO CHI TUTORING

- Available IN-PERSON and by EMAIL
- **Tuesdays 6:30 – 7:30 PM**
- **Wednesday 6:30 – 7:30 PM**
- **K183**

Rho Chi Tutoring Sessions – Fall 2018

Tutors are available by email and on:

Tuesdays 6:30-7:30PM & Wednesdays 6:30-7:30PM in K183

(Please email tutors with questions/concepts you would like to review prior to the session.)

Name	Email	Date
FIRST WEEK OF CLASSES - NO TUTORING: 8/27-8/31		
Hubert Chua	hubertco@buffalo.edu	9/3-9/7
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FALL RECESS – NO TUTORING: 11/19-11/23		
Richard Rovelli	rjrovell@buffalo.edu	11/26-11/30
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ACKNOWLEDGEMENTS

SKIT

- Atul Dilawri – Teacher
- Monica Lee – Narrator
- Jessica Mason – Star Student
- Omar Marzouk – Slacker Student
- Richard Rovelli – Overly Ambitious Student

TIPS & TRICKS

- Melissa Dhanraj – PHC 501 & PHC 529
- Ben Do – PMY 511/512
- Anna Eschler – PHM 515
- William Feng – PHM 503/504
- Hannah Lu - PHM 505
- Anna Mak – General Study Tips

Questions?

